

SUNDAY, JUNE 30

Matthew 5:27–30 (NLT)

²⁷“You have heard the commandment that says, ‘You must not commit adultery.’ ²⁸But I say, anyone who even looks at a person with lust has already committed adultery with that person in his/her heart. ²⁹So if your eye—even your good eye—causes you to lust, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. ³⁰And if your hand—even your stronger hand—causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

SERMON NOTES

*Let's Get Real*Fifth in a Series, *"Best Sermon Ever: Sermon On the Mount"*

Let's get real: sometimes Scripture is hard to understand.
How do we wrestle with texts that confuse or challenge us?

Let's get real: sometimes it's hard to know how faith can intersect with our flesh-and-blood struggles.
How do we let God into the parts of our lives that we are ashamed about, embarrassed by, or would just rather pretend don't exist?

Let's get real: sometimes we over-spiritualize when what we actually need are practical tools.
What are some concrete ways we can confront our struggles head-on and get the resources we need for healing and transformation of our whole being?

July Collection: CCSC Canned Food Donations

Food donations are notoriously low over the summer months. St. Luke's is collecting non-perishable foods for Christian Community Service Center (CCSC). CCSC is in specific need of hearty soups, peanut butter, canned meats (tuna and chicken), canned fruit and can openers. Drop off donations in the Donations Bin located in the Gathering Room. Questions? Email Karen McCarver. Kmccarver@StLukesMethodist.org

Needed: The Garden Front Desk Volunteers

We need your help welcoming youth, processing intake forms and answering questions at our newly opened community youth center on our Gethsemane Campus. Volunteers are needed Monday-Thursday, 10:30 a.m.–3 p.m. and 2:30 –7 p.m. Interested? Contact Amy Kelley, Akelley@stlukesmethodist.org
Register: StLukesMethodist.org/gardenvolunteers

The Study: A Shepherd Looks at Psalm 23

Tuesdays, Starting July 9 | 12 p.m. | ES3 | Led by Katie Brown and Suzi Pitts | Woman-Only Study

Travel the Shepherd's path to the green pastures and cool, refreshing waters of Psalm 23. As a shepherd himself, W. Phillip Keller shares his insights into the life and character of sheep--and of the Good Shepherd who loves and cares for them. StLukesMethodist.org/Bible-Studies

Sabbath Keeping: Finding Freedom in the Rhythms of Rest

Sundays, July 21-September 22 (no meeting August 4 or September 1)

4-5 p.m. | ES301 | Led by Katie Brown

When we fail to rest we do more than burn ourselves out. We misunderstand the God who calls us to rest—who created us to be people of rest. Join us for a practical and hopeful discussion that will encourage us to slow down and enjoy our relationship with the God of the universe. Register: StLukesMethodist.org/Bible-Studies

Save the date for *Sister Act*

July 18-20 and 25-27 | 7:30 p.m. | July 20-21 and 27-28 | 2:30 p.m. | Rotunda Theater

America's Got Talent Semi-Finalist Christina Wells stars as Deloris Van Cartier in the feel-good musical smash based on the hit film that has audiences jumping to their feet! *Sister Act* was nominated for five Tony Awards, including Best Musical. Tickets: StLukesMethodist.org/Sister-Act

Children's Summer Musical: *A Technicolor Promise*

The summer musical is open to entering 1st–5th graders. Rehearsals are in the Rotunda Theater Monday, July 29 through Friday, August 2 from 1:30–5 p.m. The children will perform on Friday, August 2 at 6 p.m. and sing in the 11 a.m. worship service on Sunday, August 4.

Register: StLukesMethodist.org/SummerMusical

Questions? Contact Jim Roman, jroman@StLukesMethodist.org

Summer Serve

Looking for ways to beat the heat and Love our City this summer?
See opportunities for all ages: StLukesMethodist.org/summerserve

Leave A Legacy

Remembering St. Luke's in your will is a wonderful way to make a lasting gift. Your bequest will perpetuate our ministries for years to come. If you have already included St. Luke's in your estate plans, please let us know so we can be aware of your thoughtfulness. Should you be considering a bequest, please call 713-402-5153 or email Jamie Grissom, jgrissom@StLukesMethodist.org. We are grateful for our members' generosity both now and in the future!

