

***BENEDICTION**

Dr. Tom Pace

CHORAL BENEDICTION

534 *Be Still, My Soul* FINLANDIA
Be still my soul: the Lord is on your side.
Bear patiently the cross of grief or pain;
leave to your God to order and provide;
in every change God faithful will remain.
Be still my soul: your best, your heavenly friend
through thorny ways leads to a joyful end.

POSTLUDE

9:45 *Menuet Gothique* Boëllmann
11:00 *Epilogue* Mark Williams

At places marked * those who are able may stand.

COMMUNION IN THE CHAPEL

You're INVITED TO THE CHAPEL AT 12:05 P.M. FOR HOLY COMMUNION

What's Happening at St. Luke's

Help us stay in touch and update your account. Online or stop by the Commons today! my.StLukesMethodist.org/MyAccount

May Collection

No kids sleeps on the floor in our city! Help by supporting our Sleep in Heavenly Peace collection! Contribute financially to build more beds this fall or donate NEW twin bedding sets. StLukesMethodist.org/giveSHP

General Conference recap with Dr. Tom Pace
May 13 | branches building & Online | 6:30 p.m.

Practicing the Way Course [New Dates]

Tuesdays, May 14–July 2 | 6:30 p.m.–8 p.m. | branches building
Join us for eight sessions of teaching, guided conversation, and spiritual practices designed to lay a foundation for lifelong apprenticeship to Jesus. The Course can be an on ramp to people new to following Jesus, and a needed refresher for all people seeking to become more like him. branchestx.org/ptw

Working Faith Breakfast | Wednesday, May 15 | 8 a.m. | Hines Baker Room

Be inspired by Dr. Rachel Schneider, Director of the Religion and Public Life Program at Rice University. Her presentation is "Taking Faith to Work: How do Christians practice faith at work and see work as calling?" StLukesMethodist.org/MayWorkingFaith

Disaster Response Training | Saturday, May 18 | 9 a.m.–12 p.m. | ES313/314

Would you like to be part of St. Luke's Disaster Response team? This training will enable you to: connect with church members, work on our collections/distribution centers, serve on our muck and gut teams, and more. Sign up and choose the St. Luke UMC's Member breakout session on the registration form. Sign Up: StLukesMethodist.org/responsetraining
Questions? Contact Rev. Amy Sumrall, asumrall@StLukesMethodist.org.

Help Recent Flood Victims

The Restoration Team is working in Conroe in the coming weeks to "muck and gut" homes. To participate, contact Charity Autry, cautry@StLukesMethodist.org

Love Does by Bob Goff

led by Rev. Amy Sumrall | Wednesdays, June 5-26 | 6-7:30 p.m. | ES310
Looking to be inspired and challenged to put your love for God into action? Join us for an energizing discussion and leave with practical ideas to use your unique gifts and experiences to share God's love in your daily life.
Register: StLukesMethodist.org/lovedoes

Welcome to worship at St. Luke's!

If you are visiting and would like to learn more about our church, please stop by the Connection Desk for a welcome gift.
Tell us you are here!

1. Is this your first visit?

Please text *iamnew* to 97000 to let us know you are worshipping with us today!

2. Check in on the St. Luke's App.

If you don't have the app installed on your phone, you can download it at: StLukesMethodist.org/app.

Sermon Notes

Healthy Families

Second in the Series, *Inside and Out: Spiritual Practices for Mental Health*

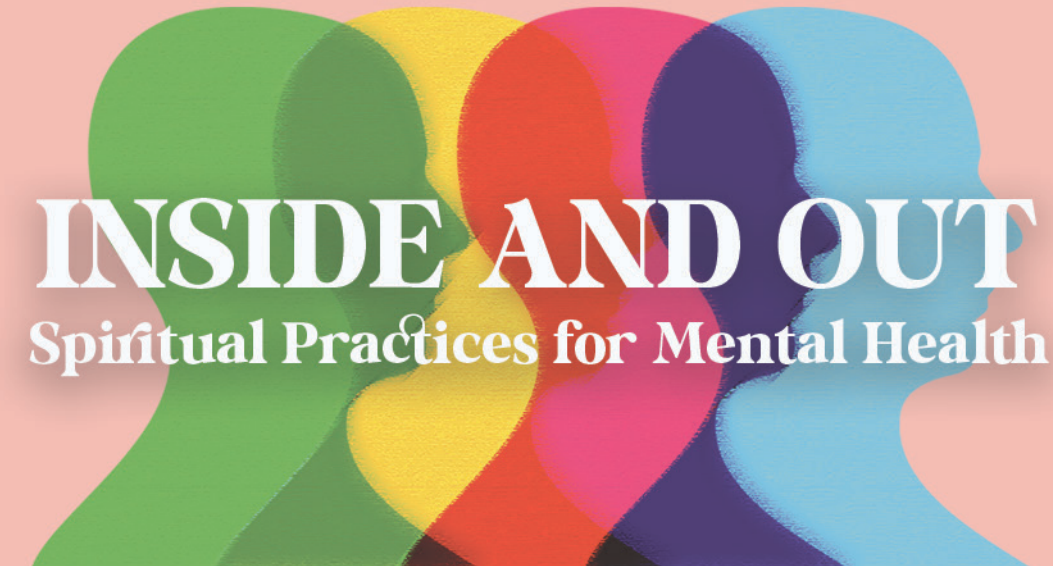
1. Especially...
2. Burden bearing
3. Boundaries
4. Do not grow weary

Leading in Worship Today: Dr. Tom Pace; Rev. Katie Montgomery Mears; Rev. Colin Bagby; Rev. Amy Sumrall; Katie Brown, Director of Adult Ministries; Debbie Weymouth, St. Luke's Day School Director; Dr. Chuck Simmons.

Musicians: Sid Davis, Director of Music & Fine Arts; Jim Roman, Organist & Artist-in-Residence; Victoria Shorokhova, Organ Scholar; Justin Bair, Associate Director of Music & Worship; Randy Murrow, Associate Director of Music & Fine Arts; B.B. Bamberg, Accompanist; St. Cecilia; Chancel Bells; Chancel Choir.

Acolytes: Jentry Byrd, Lila Byrd, Hannah Dulaney, Jenny McNulty .

The altar flowers are dedicated to the glory of God and given in celebration of the baptism of Margaret Kay Ahlgrim by her parents, Katherine and Drew Ahlgrim; in celebration of the baptism of Matthew Joseph Baird by his parents, Kathryn and Steven Baird; in celebration of the baptism of Margaret Kate Martin by her parents, Kirsten and Andrew Martin; in thanksgiving for Audrey Moses; and in celebration of my mother, Agatha Brann by Kyle Young.



St. Luke's United Methodist Church

May 12, 2024 | 9:45 & 11 a.m.



St. Luke's

United Methodist Church

Dr. Tom Pace, Senior Pastor

713-622-5710 | StLukesMethodist.org

PRELUDE *Sonatina No. 1* Michael Helman
Chancel Bells

***HYMN OF PRAISE**
2221 *In Unity We Lift Our Song* EIN' FESTE BURG
In unity we lift our song of grateful adoration,
For brothers brave and sisters strong,
What cause for celebration!
For those whose faithfulness has kept us through distress,
Who've shared with us our plight, who've held us in the night,
The blessed congregation.

For stories told and told again to every generation,
To give us strength in times of pain,
To give us consolation.
Our spirits to revive to keep our dreams alive,
When we are far from home and evil seasons come;
How firm is our foundation.

For sacred scriptures handed down, a blessed trust and treasure,
Which give us hope when hope is gone
And make us weep with pleasure.
And when our eyes grow blind and death is close behind,
We shall recite them still whose words our hearts can fill
With hope beyond all measure.

For God our way, our bread, our rest, of all these gifts the Giver.
Our strength, our guide, our nurturing breast
Whose hand will yet deliver.
Who keeps us till the day when night shall pass away,
When hate and fear are gone and all our work is done,
And we shall sing forever.

***THE APOSTLES' CREED** UMH #881 9:45 Rev. Colin Bagby
11:00 Rev. Katie Montgomery Mears

I believe in God the Father Almighty, maker of heaven and earth;
And in Jesus Christ his only Son our Lord: who was conceived by the
Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was
crucified, dead, and buried; the third day he rose from the dead; he
ascended into heaven, and sitteth at the right hand of God the Father
Almighty; from thence he shall come to judge the quick and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of
saints, the forgiveness of sins, the resurrection of the body, and the life
everlasting. Amen.

***GLORIA PATRI** UMH #70 MEINEKE

Glory be to the Father and to the Son and to the Holy Ghost; as it was in
the beginning, is now, and ever shall be, world without end. Amen. Amen.

9:45
Margaret Kay Ahlgrim
Daughter of Drew Phillip Ahlgrim & Katherine McDoniel Ahlgrim

Minister: Beloved of the household of faith, I commend to your love and
care this child whom we this day recognize as a member of the family of
God. Will you endeavor so to live that she may grow in her knowledge and
love of God the Father, through our Savior Jesus Christ?

**People: With God's help we will proclaim the good news and live
according to the example of Christ. We will surround this child with a
community of love and forgiveness that she may grow in her service to
others. We will pray for her that she may be a true disciple who walks in
the way that leads to life eternal.**

11:00
Margaret Kate Martin
Daughter of Andrew Keith Martin & Kirsten Michelle Martin

Matthew Joseph Baird
Son of Steven Joseph Baird & Kathryn Noel Baird

Minister: Beloved of the household of faith, I commend to your love and
care these children whom we this day recognize as members of the family
of God. Will you endeavor so to live that they may grow in their knowledge
and love of God the Father, through our Savior Jesus Christ?

**People: With God's help we will proclaim the good news and live
according to the example of Christ. We will surround these children with
a community of love and forgiveness that they may grow in their service
to others. We will pray for them that they may be true disciples who
walk in the way that leads to life eternal.**

WELCOME Dr. Tom Pace

ANTHEM 11:00 *Beautiful Savior* arr. Christiansen
Chancel Choir

SCRIPTURE READING 9:45 Debbie Weymouth
11:00 Katie Brown

Galatians 6:1-10
⁶My brothers and sisters, if anyone is detected in a transgression, you who
have received the Spirit should restore such a one in a spirit of gentleness.
Take care that you yourselves are not tempted. ²Bear one another's burdens,
and in this way you will fulfill the law of Christ. ³For if those who are nothing
think they are something, they deceive themselves. ⁴All must test their own
work; then that work, rather than their neighbor's work, will become a cause
for pride. ⁵For all must carry their own loads. ⁶Those who are taught the
word must share in all good things with their teacher. ⁷Do not be deceived;
God is not mocked, for you reap whatever you sow. ⁸If you sow to your own
flesh, you will reap corruption from the flesh, but if you sow to the Spirit,
you will reap eternal life from the Spirit. ⁹So let us not grow weary in doing
what is right, for we will reap at harvest time, if we do not give up. ¹⁰So
then, whenever we have an opportunity, let us work for the good of all and
especially for those of the family of faith.

SCRIPTURE RESPONSE
The Word of God for the people of God.
Thanks be to God.

CHORAL CALL TO PRAYER

MORNING PRAYER 9:45 Dr. Chuck Simmons
11:00 Rev. Amy Sumrall

THE LORD'S PRAYER
Our Father, who art in heaven, hallowed be thy name. Thy kingdom come,
thy will be done on earth as it is in heaven. Give us this day our daily
bread. And forgive us our trespasses, as we forgive those who trespass
against us. And lead us not into temptation, but deliver us from evil. For
thine is the kingdom, and the power, and the glory, forever. Amen.

HYMN OF PREPARATION 11:00
560 *Help Us Accept Each Other* ACCEPTANCE

OFFERTORY
9:45 *Down in the River to Pray* arr. Helm
St. Cecilia Jennifer Johnson, soloist

As I went down in the river to pray,
studying about that good old way,
and who shall wear the starry crown,
Good Lord, show me the way.

O sisters/brothers/fathers/mothers/sinners,
let's go down, come on down, down in the river to pray.

11:00 *To Know Thee* Beebe
Chancel Choir

To know Thee is the goal my heart has set,
to know Thee is its greatest prize.
To know Thee, though I feel that we have met,
on dark roads where sadness lies.
To know Thee, when the storms of life increase,
and I see no sheltered landing;
To know Thee in a time of quiet peace
that passes my understanding.

To know Thee is to come to know the truth,
the truth that will set me free.
I know not where my growing faith will lead,
or how I may react in word and faith and deed;
I do know that I have a crying need;
To know Thee is to know what I should pray.
to know Thee is a prayer complete.
To know Thee is to finally find my way
with Thy bright lamp unto my feet.

To know Thee is at first to know Thy name,
and speak it as one confessing
and finding that mention of Thy name
reechoes as a blessing.
To know Thee is to know my deepest self;
to know Thee uncovers me
I know of fame and fortune far and wide,
I know of the rewards that they provide,
I know that I would cast them all aside,
To know Thee.

As an alternative to the offering plate, text gift amount to: 832-669-5500.

***DOXOLOGY UMH #95** OLD 100TH

**Praise God, from whom all blessings flow; praise him, all creatures here
below; praise him above, ye heavenly host; praise Father, Son, and Holy
Ghost. Amen.**

SERMON *Healthy Families* Dr. Tom Pace
Second in the Series, *Inside and Out: Spiritual Practices for Mental Health*
Anna Crain, Counselor for Nick Finnegan Counseling Center

INVITATION TO CHRISTIAN DISCIPLESHIP
*If you would like to become a follower of Jesus Christ, or are interested in
joining St. Luke's United Methodist Church, we would love to talk to you
about what that means. Please visit the Connection Desk to learn more.*

***HYMN OF COMMITMENT**
2169 *God, How Can We Forgive* LEONI
God, how can we forgive when bonds of love are torn?
How can we rise and start anew, our trust reborn?
When human loving fails and every hope is gone,
your love gives strength beyond our own to face the dawn.

**When we have missed the mark, and tears of anguish flow,
how can you still release our guilt, the debt we owe?
The ocean depth of grace surpasses all our needs.
A priest who shares our human pain, Christ intercedes.**

**Who dares to throw the stone to damn another's sin,
when you, while knowing all our past, forgive again?
No more we play the judge, for by your grace we live.
As you, O God, forgive our sin, may we forgive.**